

# Cheese Ribbon Sandwich

Meal Components: Grains, Meat / Meat Alternate

Sandwiches, F-05

Ingredients	24 Servings		48 Servings		Directions
	Weight	Measure	Weight	Measure	
Reduced fat processed American cheese, shredded	1 lb 8 oz	1 qt 2 cups	3 lb	3 qt	<b>1.</b> In a mixing bowl, combine cheese, salad dressing or mayonnaise, pimentos, mustard, and Worcestershire sauce (optional). Mix until well blended.
Reduced calorie salad dressing	6 oz	2/3 cup	12 oz	1 1/3 cups	
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Lowfat mayonnaise	6 oz	2/3 cup	12 oz	1 1/3 cups	
Canned pimentos, diced, drained	2 oz	1/4 cup	4 oz	1/2 cup	
Prepared yellow mustard		2 Tbsp		1/4 cup	
Worcestershire sauce (optional)		1 Tbsp		2 Tbsp	
Enriched white bread slices (at least 0.9 oz each)		12 each		24 each	<b>2.</b> Spread No. 8 scoop (1/2 cup) cheese mixture on each slice of white bread.
100% whole wheat bread slices		12 each		24 each	<b>3.</b> Top each slice of white bread with whole

4. Cut each sandwich into 4 equal pieces in the shape of strips.
5. Cover. CCP: Hold at 40°F or colder. Refrigerate until ready to serve.
6. Portion is 2 pieces.

#### Notes

Special Tip:  
Attractive garnishes include unpeeled apple slices, grapes, or carrot chips.

Serving	Yield	Volume
2 pieces provide 1 oz of cheese and 1 slice of bread.	<b>24 Servings:</b> 3 lb 8 oz	<b>24 Servings:</b> 48 pieces
	<b>48 Servings:</b> 7 lb	<b>48 Servings:</b> 96 pieces

Nutrients Per Serving					
Calories	170	Saturated Fat	4 g	Iron	1 mg
Protein	10 g	Cholesterol	18 mg	Calcium	220 mg
Carbohydrate	19 g	Vitamin A	326 IU	Sodium	635 mg
Total Fat	7 g	Vitamin C	2 mg	Dietary Fiber	2 g